

Squiggle Early Writing Programme



Key features

- A progressive physical development programme that provides children with the skills they need for early writing.
- The programme uses neurological and physiological movements to create marks and strengthen the child's muscles and brain connections.

Nursery Children

Daily sessions comprising of a 10minute input session followed by an enhancement in the provision.

- Each move to last approximately 1 week.
- Give out a pair of flipper flappers to each child.
- Take part in the movement dance for that particular move.
- Follow-up with tuff tray enhancement/messy play, repeat movements with hands and arms.

Week	Movement	Song
1	Movement 1: Up	The Only Way is Up by Jazz
2	Movement 2: Down	The Grand Old Duke of York
3	Movement 3: Circles	You Spin Me Round by Dead or Alive
4	Movement 4: Wiggle it!	Wriggle by Cosmo Sheldrake
5	Movement 5: Shake	Shake, Shark, Shake Senora by Harry Belafonte
6	Movement 6: Hop Hoppity Hop	Hop Little Bunnies
7	Movement 7: Jump, Jump, Jump!	Jump (for my love) by The Pointer Sisters
8	Movement 8: Turning Turtle	Firework by Katie Perry
9	Movement 9: Flip and roll	N/A
10	Movement 10: Crawl	N/A

Example Progression for Nursery Children

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Squiggle Early Writing Programme	Wiggle me into a squiggle 1 move per week (weeks 1-6)	Wiggle me into a squiggle 1 move per week (weeks 7-10) Squiggle while you wiggle 2.0 - Move 1 (3 weeks)	Squiggle while you wiggle 2.0 (3 weeks) Squiggle while you wiggle 2.0 - Move 3 (3 weeks)	Squiggle while you wiggle 2.0 - Move 4 (3 weeks) Squiggle while you wiggle 2.0 - Move 5 (3 weeks)	Squiggle while you wiggle 2.0 - Move 6 (3 weeks) Squiggle while you wiggle 2.0 - Move 7 (3 weeks)	Squiggle while you wiggle 2.0 - Move 8 (3 weeks) Squiggle while you wiggle 2.0 - Move 9 (3 weeks)

Reception children



- Follow-on programme to Wiggle Me into Squiggle.
- Comprises 9 squiggle moves.
- Squiggle works both gross and fine motor muscles, strengthens and trains muscles whilst mark making for the purpose of forming letters which lead to formal handwriting (Squiggle Me into a Writer).
- Squiggle time - comprising of a 10-15 minute input session followed by an enhancement in the provision.
- Requires music and flipper flappers to help the child create bilateral movements.
- In nursery - minimum 3-4 x sessions (if unable to do daily).
- Can be combined with Daily Dough Disco.
- e.g. could do a daily PD session (3 x squiggle and 2 x dough disco?)
- Each move (dance and drawing) to last approximately 3 weeks, repetition of both means gross motor movement and fine muscle drawing are embedded.
- Note: if children are struggling, give further support and monitor their progress. DO NOT continue that move for more than 3 weeks. Move on and revisit again at a later date if necessary.

Weeks	Move/dance
1-3	Move 1: Up and down, side to side, cross over
4-6	Move 2: The wiggle
7-9	Move 3: The circle
10-12	Move 4: The hump and Move 4 (part 2): The under hump
13-15	Move 5: The hook
16-18	Move 6: The spiral
19-21	Move 7: The wave
22-24	Move 8: Laid down 8 (then stand me up straight!)
25-27	Move 9: The straight line

Reception Children- Squiggle me into a writer Progression



- Next developmental stage for children to learn to not only form letters but form them correctly.
- combines the gross motor movement to create a process to write the letter. Children still need to continue to develop gross and fine muscle strength. they won't yet be fluent in movement, body strength, co-ordination, balance and agility, all factors which affect writing.
- Best introduced after the completion of Wiggle and Squiggle 2.0.
- Best included as a warm up before phonics or as a separate session at another convenient time in the day.
- Comprises individual letters with individual dances. Written in RWI order.
- Squiggle me into a writer time - requires around 5-10 minutes daily to music.
- Requires music and flipper flappers to help the child create bilateral movements.
- Each session:
 - WARM UP - squiggle dance with flipper flappers
 - magic finger air writing
 - carpet (sensory) writing
 - whiteboard letter formation

Example Progression for Reception Children

Pathway from Squiggle to Little Wandle Handwriting

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Squiggle Early writing Programme	Squiggle whilst you wiggle 2.0	Squiggle me into a writer.	Squiggle me into a writer.	Curly letter family c a d- g o q e s f		
Little Wandle	Letter formation during phonic lessons and Continuous provision	Little Wandle letter formation Rhymes	Little Wandle Reception handwriting programme	Curly letter family c a d- g o q e s f Long letter family l i j y t u Zig Zag family v w x z k Bouncy family m n b p r h		